

“YOUR DRESS
SHOULDN'T BE
THE ONLY THING
SPECIFICALLY
DESIGNED
FOR YOU”

MultiMedica™ Designed For Women

- Support for Healthy Bones
- Support for Healthy Thyroid
- Helps Balance Hormones
- Antioxidant Protection
- Nutrients to Support a Stressful Lifestyle



NuMEDICA®

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MultiMedica™ for Women

MultiMedica™ for Women is a comprehensive multiple vitamin, mineral, and herbal supplement, with select amino acids, designed specifically for the unique nutritional requirements of women.

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the bones, thyroid, and adrenals along with broad spectrum antioxidant protection. It also features patented Albion TRAACS® amino acid chelates for optimal mineral absorption.*

DIRECTIONS: Take two capsules twice daily or as directed by your healthcare practitioner.

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Supplement Facts		Serving Size: 4 Capsules Servings Per Container: 30	
Amount	%DV*	Amount	%DV*
Vitamin A (75% [7500 IU] natural mixed carotenoids, 25% [2500 IU] retinyl palmitate)	10,000 IU 200%	Zinc (TRAACS® zinc glycinate chelate, zinc ascorbate)	15 mg 100%
Vitamin C (as magnesium ascorbate, zinc ascorbate, potassium ascorbate, calcium ascorbate)	250 mg 417%	Selenium (as selenium chelate)	100 mcg 142%
Vitamin D3 (as cholecalciferol)	400 IU 100%	Manganese (TRAACS® manganese glycinate chelate)	500 mcg 25%
Vitamin E (as d-alpha tocopherol succinate)	100 IU 333%	Chromium (TRAACS® chromium nicotinate glycinate chelate)	500 mcg 417%
Thiamin (as thiamin mononitrate)	20 mg 1,333%	Molybdenum (TRAACS® molybdenum glycinate chelate)	50 mcg 66%
Riboflavin (as riboflavin-5-phosphate, riboflavin)	20 mg 1,716%	Potassium (as potassium glycinate complex, potassium ascorbate)	99 mg 2%
Niacin (as niacin and niacinamide)	60 mg 300%	MCHC (Microcrystalline Hydroxyapatite Concentrate)	130 mg **
Vitamin B-6 (as pyridoxal-5-phosphate)	20 mg 1,000%	Choline (as choline bitartrate)	60 mg **
Folate (as folic acid)	800 mcg 200%	Inositol	60 mg **
Vitamin B-12 (as methylcobalamin)	600 mcg 10,000%	N-Acetyl L-Carnitine HCl	50 mg **
Biotin	1,000 mcg 333%	N-Acetyl L-Cysteine	50 mg **
Pantothenic Acid (as d-calcium pantothenate)	200 mg 2,000%	L-Taurine	30 mg **
Calcium (TRAACS® calcium glycinate chelate, DimaCal® di-calcium malate, MCHC, calcium ascorbate)	100 mg 10%	<i>Panax ginseng</i> Root	25 mg **
Iron (Ferrochel® ferrous bisglycinate chelate)	5 mg 28%	Red Clover Flower	25 mg **
Phosphorus (as pyridoxal-5-phosphate, riboflavin-5-phosphate)	12 mg 1%	Cranberry Fruit	25 mg **
Iodine (as potassium iodide)	150 mcg 100%	Para Amino Benzoic Acid (PABA)	20 mg **
Magnesium (TRAACS® magnesium glycinate chelate buffered, magnesium ascorbate, di-magnesium malate)	200 mg 50%	L-Lysine HCl	20 mg **
		Rutin	16 mg **
		Chamomile Flower	15 mg **
		Chaste Berry 4:1 Extract	15 mg **
		Hesperidin	15 mg **
		Wild Yam Root (<i>Dioscorea mexicana</i>)	15 mg **
		Quercetin	12 mg **
		R-Alpha Lipoic Acid	10 mg **
		Lutein	75 mcg **

* Percent Daily Value based on a 2,000 calorie diet.

** Daily value not established.

Other ingredients: HPMC (vegetable capsule), rice flour and silica.

 **Vegetable Capsules**



Albion, TRAACS, DimaCal and the Albion Medallion are registered trademark of Albion Laboratories, Inc. Malates covered by U.S. Patent 6,706,904 and patents pending.

NuMedica® • 866-787-5175 • www.numedica.com This Formula Meets or Exceeds GMP Quality Standards.

NUMEDICA®
ACHIEVING PHYSIOLOGICAL BALANCE